

The Top 7 Ways to Enable a Person With Dementia

1. Provide me with the diagnosis of dementia promptly and with compassion and support.
2. I am your patient. Please talk to me and not my care partner instead.
3. Provide me with written information about the type of dementia I have and with resources to peer groups.
4. Encourage me to participate in peer groups.
5. Understand that I am LIVING WITH dementia and need your support.
6. Encourage me to continue doing things that are enjoyable and meaningful.
7. Inform me about effective compensatory strategies others use when abilities change.

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