Facilitating the Removal of Dispersive OVDs

A simple maneuver to avoid the problems of retained viscoelastic.

BY D. MICHAEL COLVARD, MD

ispersive ophthalmic viscosurgical devices (OVDs) coat intraocular tissues and provide a high level of endothelial protection during phacoemulsification (Figure 1). The dispersive qualities of a short-chained sodium hyaluronate agent cease to be an asset at the end of a case, however, when it is time to remove the material. Unlike longer-chained cohesive OVDs, dispersive agents are difficult to aspirate. At the end of a case, the surgeon frequently confronts a layer of short-chained OVD—often containing particles of nuclear chips, fragments of epinucleus, and bubbles—that coats the cornea and extends to the angle (Figure 2). An additional challenge is that the dispersive material usually lies directly against the endothelium, where it is tricky to aspirate, and in the angle, where it is difficult to visualize. Moreover, small lenticular fragments often hide in the angle, where they are trapped by the OVD.

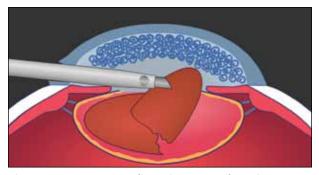


Figure 1. Surgeons use a dispersive OVD such as Viscoat (Alcon Laboratories, Inc.) or Healon EndoCoat (Abbott Medical Optics Inc.) to protect the endothelium during phacoemulsification.

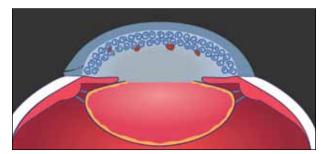
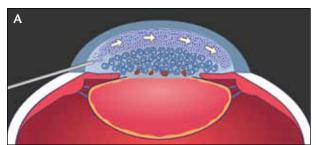


Figure 2. After phacoemulsification, a layer of dispersive OVD usually remains, covering the corneal endothelium and extending into the angle. Often trapped in this material are nuclear debris and bubbles.



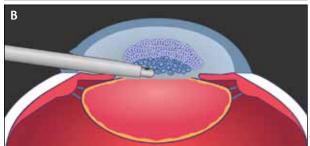


Figure 3. Prior to irrigation and aspiration, the surgeon can inject a cohesive OVD such as Healon (Abbott Medical Optics Inc.), Provisc (Alcon Laboratories, Inc.), or Amvisc (Bausch + Lomb) with the flow directed anteriorly. This wave of cohesive OVD gently dissects the dispersive OVD away from the corneal endothelium and the angle and toward the center of the anterior chamber (A). The dispersive OVD can then be aspirated safely and more easily. Aspiration is facilitated by the flow of the overlying cohesive material, which tends to drag the dispersive agent along with it (B).

"A cohesive OVD typically used at the end of the case ... can also be used prior to I/A to viscodissect the dispersive OVD away from the cornea and the angle."

Failure to remove this retained dispersive OVD and lenticular material can lead to a host of postoperative problems, including elevated IOP with pain and inflammation, especially in eyes with reduced aqueous outflow facility. Postoperative pressure spikes usually require medical treatment and "burping" of anterior chamber fluid to reduce the patient's discomfort and IOP. If ignored or unappreciated, nuclear chips and fragments retained in the anterior chamber cause postoperative inflammation and possibly corneal decompensation. What is the solution? In my experience, the answer is using a cohesive OVD to reposition the residual dispersive OVD.

REMOVAL TECHNIQUE

A cohesive OVD typically used at the end of the case to fill the capsular bag for the IOL's implantation can also be used prior to I/A to viscodissect the dispersive OVD away from the cornea and the angle. Directing the flow of the cohesive OVD anteriorly and peripherally will push the dispersive agent toward the center of the anterior chamber (Figure 3A). The dispersive material can then be safely and more easily aspirated, as it is drawn into the aspiration port by the outward flow of the overlying cohesive material (Figure 3B). In the author's experience, this maneuver has proven to be simple, highly effective, and easily reproducible.

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